

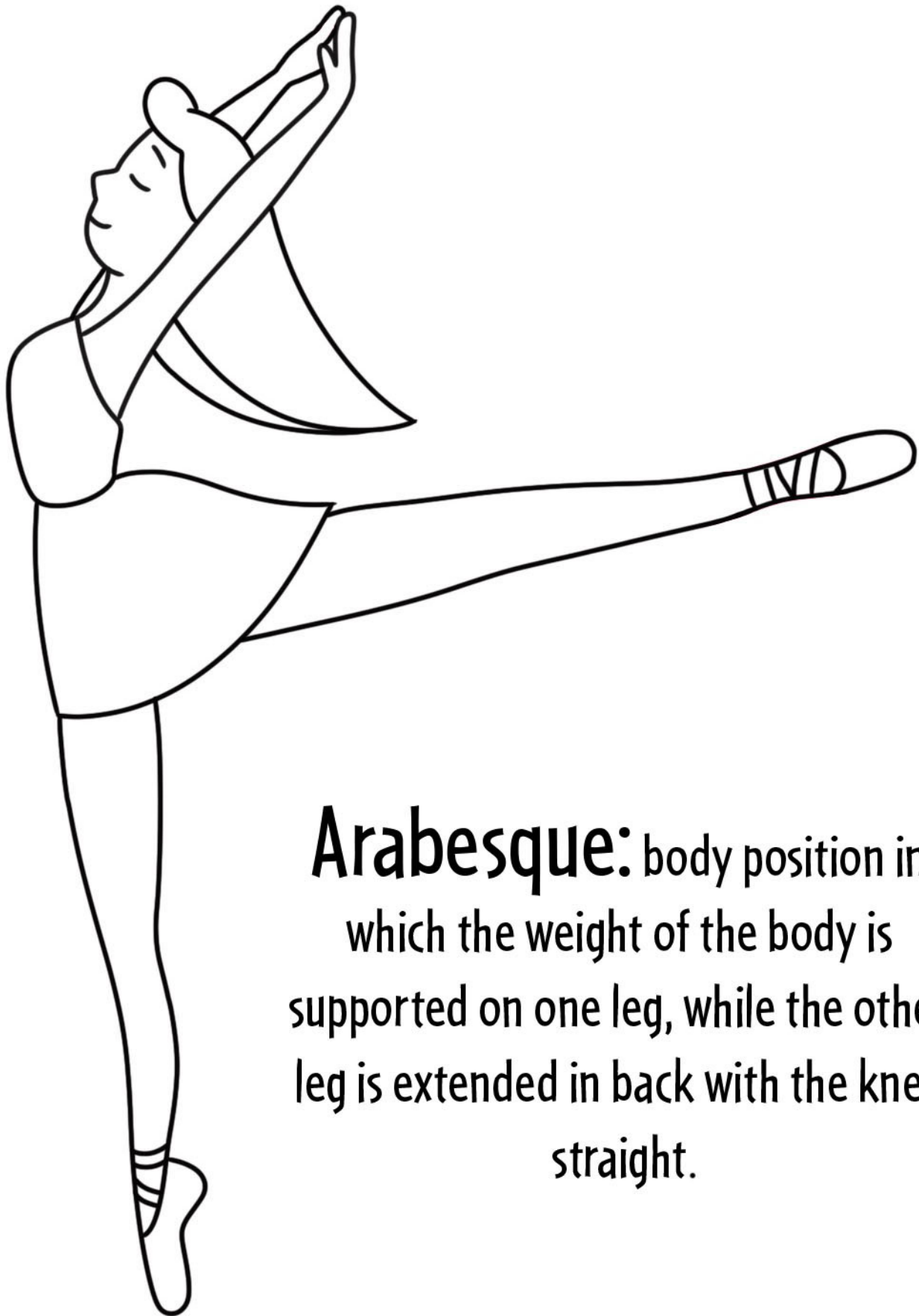
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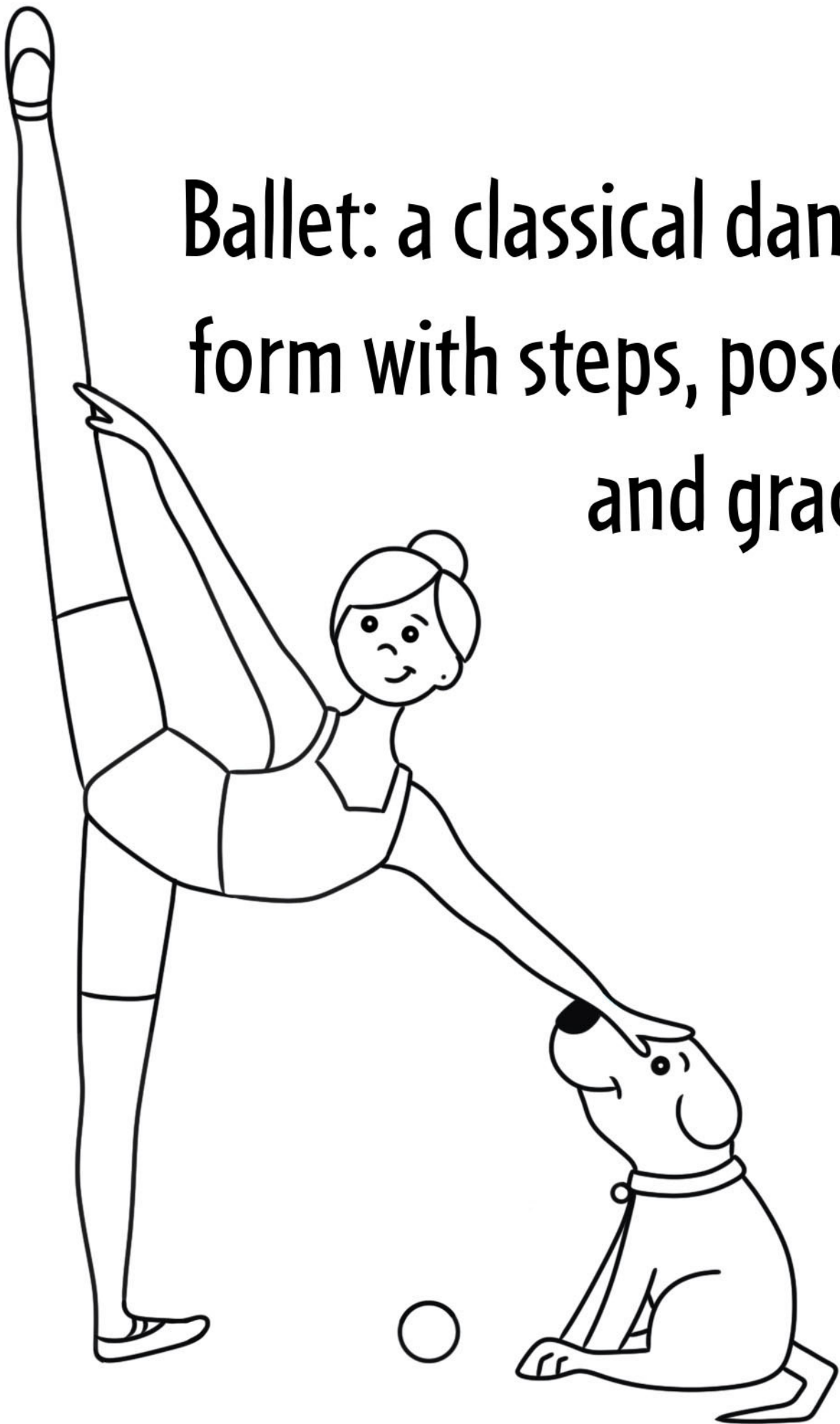
**All artwork in this download was created
by Amanda Leemis. If you have any
questions or concerns, please reach out to
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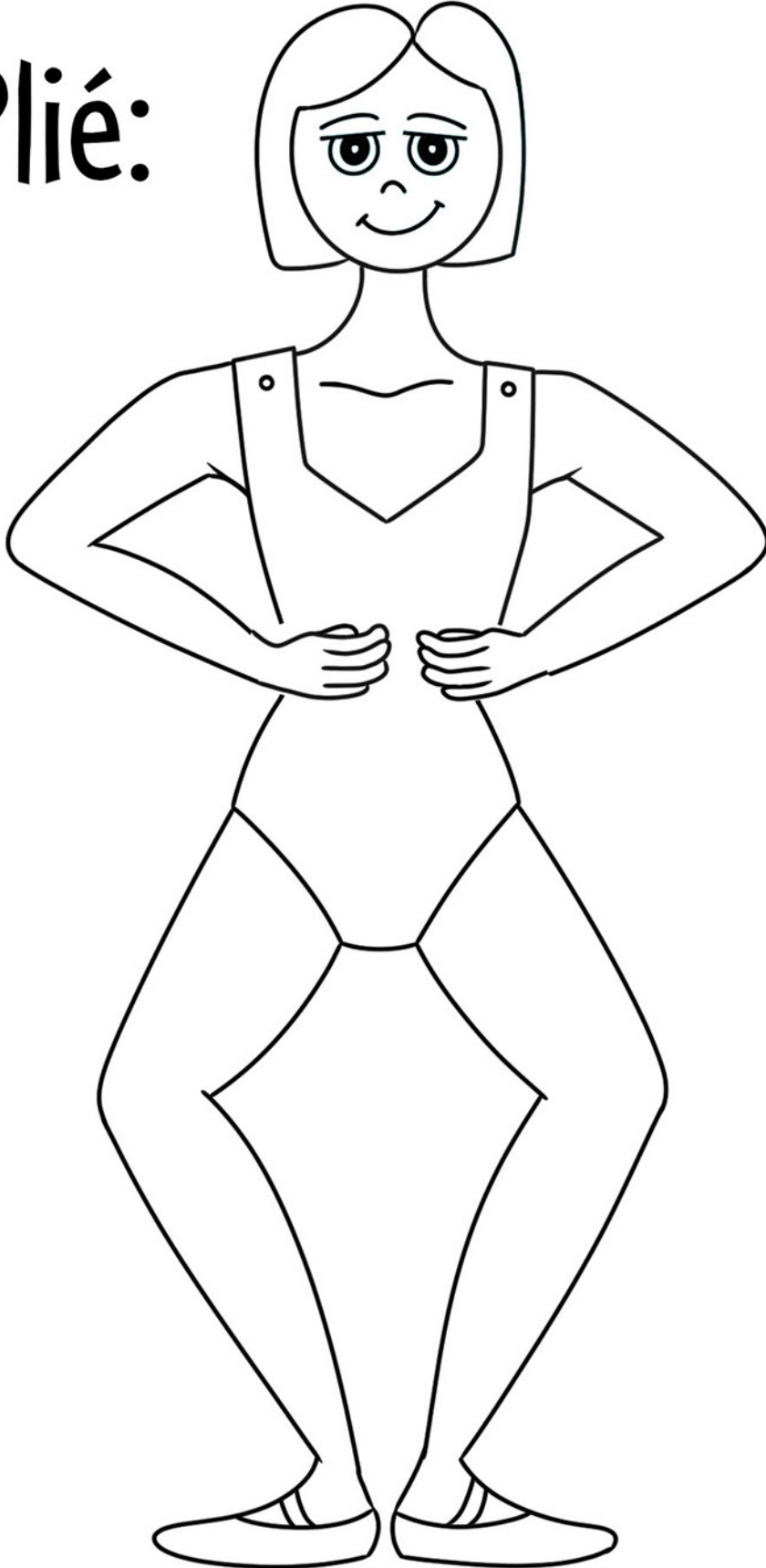
Arabesque: body position in which the weight of the body is supported on one leg, while the other leg is extended in back with the knee straight.

Ballet: a classical dance form with steps, poses, and grace.

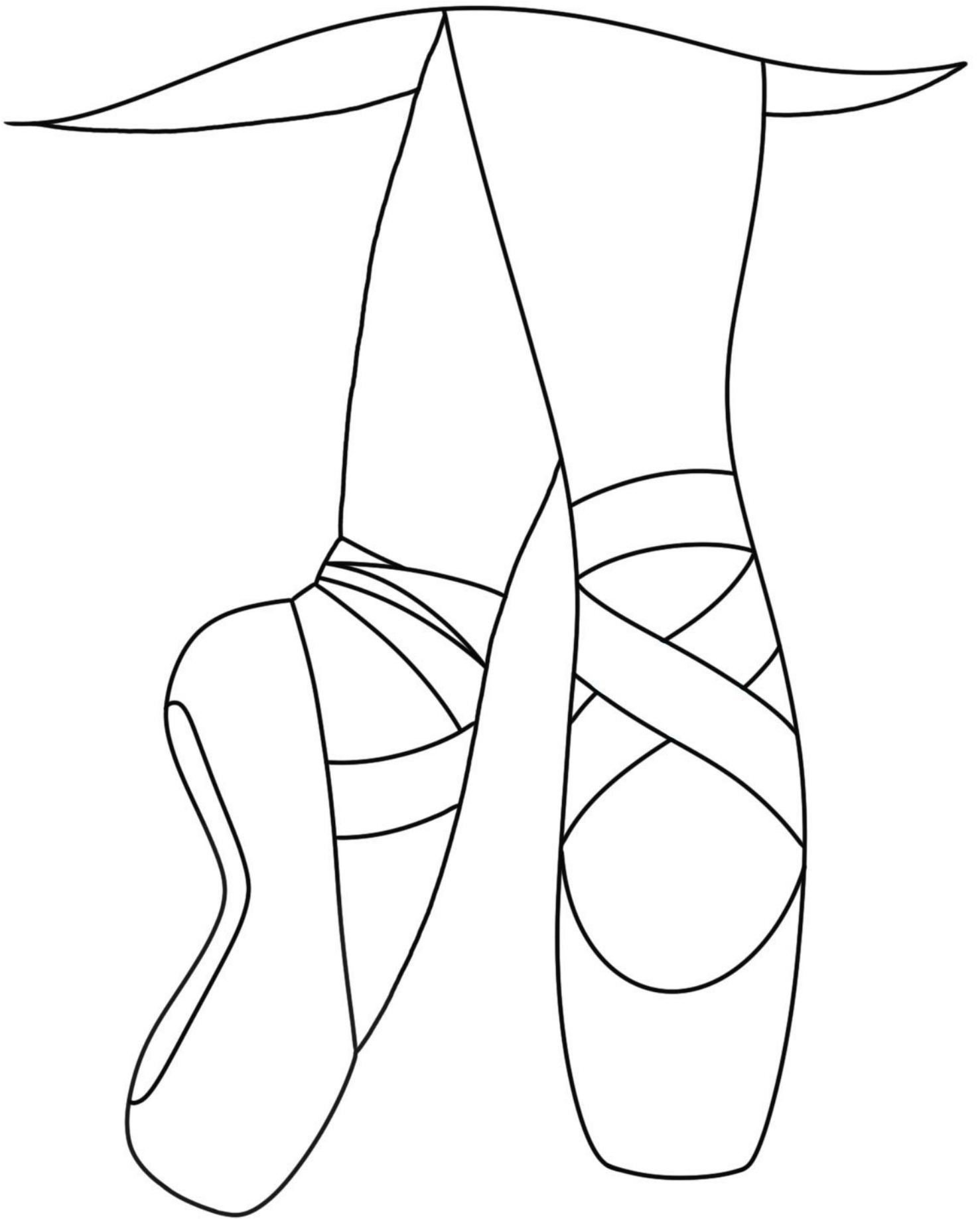


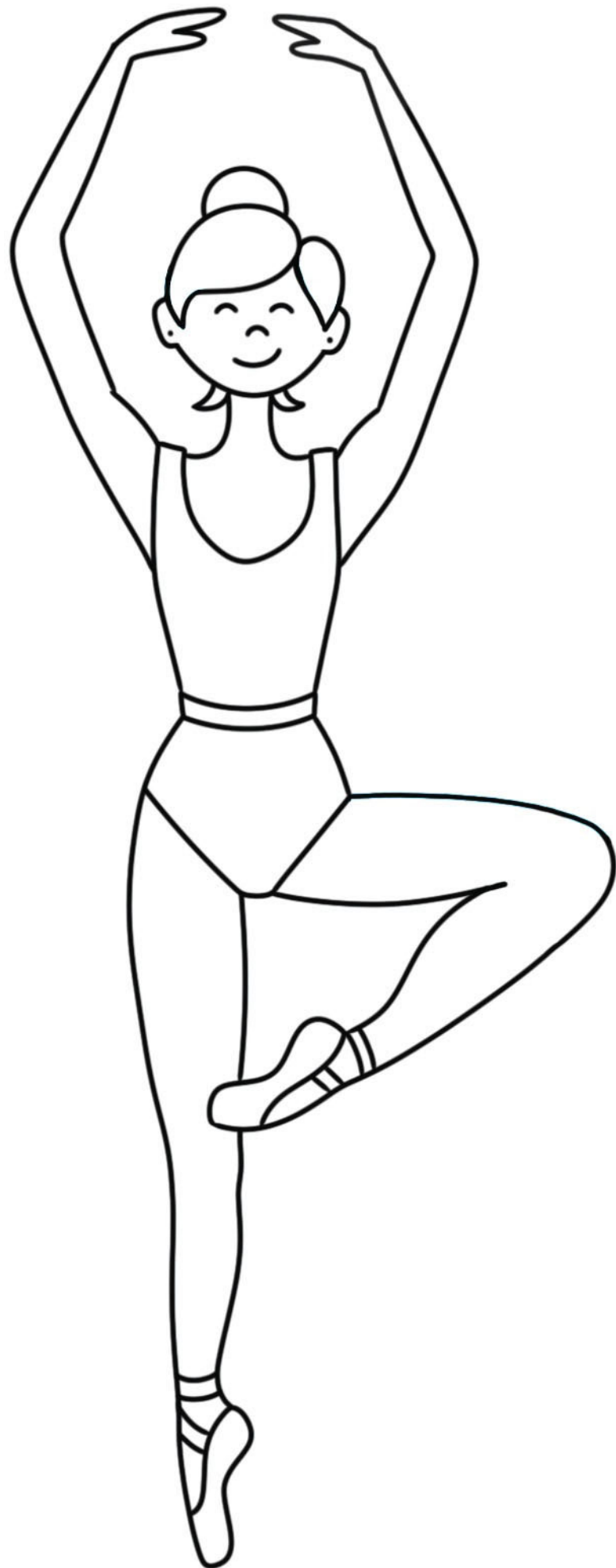


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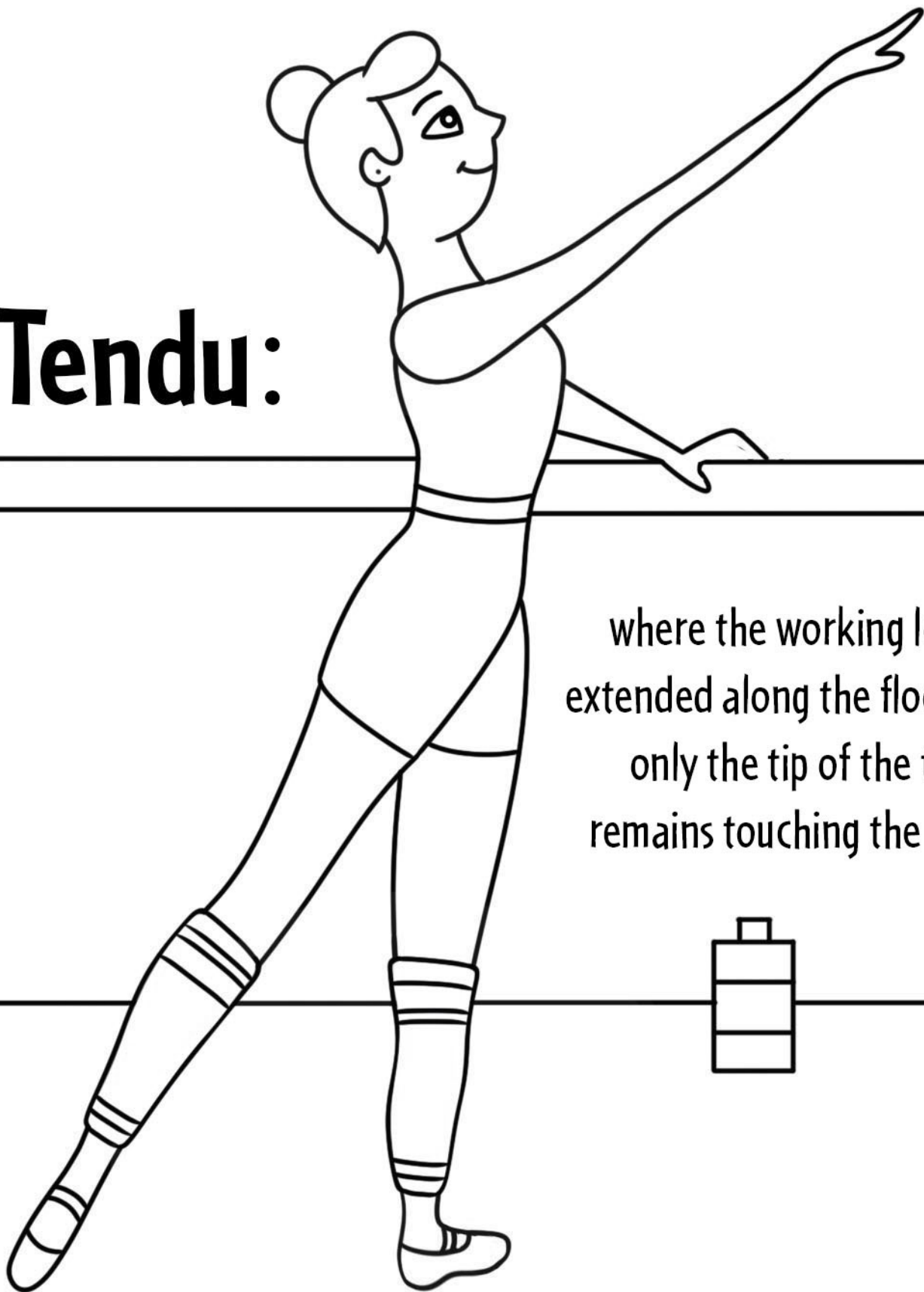


a movement in which a dancer bends the knees and straightens them again, with the feet turned out and heels firmly on the ground.





Tendu:



where the working leg is extended along the floor until only the tip of the toe remains touching the floor.



